

# The list

Sit down together. Write out everything it takes — including earning the money, paying the bills and the time it all eats. The longer the list, the better it works.

LIFE WITH \_\_\_\_\_

clothes · food · the dog · the bathroom · the internet

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

5. \_\_\_\_\_

6. \_\_\_\_\_

7. \_\_\_\_\_

8. \_\_\_\_\_

9. \_\_\_\_\_

10. \_\_\_\_\_

11. \_\_\_\_\_

12. \_\_\_\_\_

13. \_\_\_\_\_

14. \_\_\_\_\_

15. \_\_\_\_\_

16. \_\_\_\_\_

How many of these do the parents do?

How many does the child do?

“Will you take one?”

The child picks which. That is what makes it theirs.

# CONTRACT

I, name and surname, undertake to help with family duties by

what I do.

The parents undertake to carry out the remaining tasks on the

name of the list list.

I do it by when.

If I don't manage it, it waits for me. Nobody will do it for me and nobody will remind me about it.

This contract is in force from date. We change it only if both sides agree.

\_\_\_\_\_

Child's signature

\_\_\_\_\_

Parent's signature

Four ways to wreck it: do it for them "just this once", remind them, bolt a punishment on, widen the deal quietly. A second duty only after six months.